Written by Dr. Devinder Singh Sekhon PhD Saturday, 25 January 2014 17:01

HELL AND HEAVEN IN SIKHISM

Almost all religions of the world believe in some sort of hell and heaven where the people go after their death. They are supposed to be places somewhere in the sky. In general, Heaven or paradise is supposed to be the place where the Supreme Being (God) resides. It is supposed to be the most beautiful place in the universe with beautiful gardens, orchards, rivers, water springs and mountains. People who go there are supposed to enjoy all the luxuries of life. On the contrary, hell is a place where the sinners are sent and tortured. Fire is supposed to be burning in the hell all the time to punish its residents. You must have heard the popular curse "burn in hell". Souls in the Hell are guarded by very scary looking creatures and the residents are given very poor meals, and so on. A brief description of the two places is given below according to the beliefs of different religions.

Christianity

All people who believe in Christ as the Saviour are sent to the Heaven. Those who do not believe in Christ are not eligible to go there. It is a place where you reside until the Judgment Day. The twelve gates to the Heaven are guarded by St Peter, and are called the Pearly Gates.

Islam

Muslims have very similar belief about Heaven as the Christians, but they believe not just in one level, they rather believe in five or six different levels (layers) of Heaven in the sky. Every Muslim is sent to Heaven after death, but they are sent to different levels depending upon their deeds on earth. They also believe that the size of the Heaven is about five times the size of our earth. Once there, they are able to communicate with their relatives even though they may be

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residing in different levels. All males are rewarded with 84 beautiful damsels each, and get servants to serve them. We are not sure what the female Muslims are rewarded with when they go to Heaven! May be they are not allowed to go to Heaven! Just like the Christian belief, Muslims believe that non-believers are not eligible to go to Heaven.

Hinduism and Buddhism

Both religions believe in Heaven and Hell as dedicated places. You get all the comforts of life in Heaven, but it is not a place where you live for ever. After spending the allocated time, you are pushed out of Heaven or Hell to be born again and again until you find salvation.

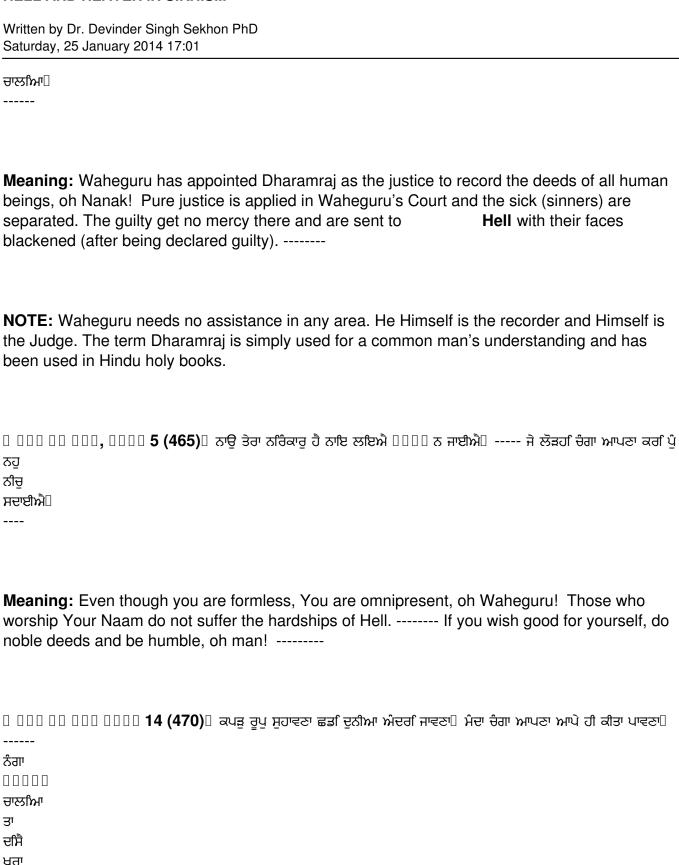
On the contrary, **HELL** is believed to be a very ugly place where the occupants burn in fire. (It is common way to curse people when some people tell others to burn in Hell). All evil people are supposed to be sent to Hell. Christians believe that like the Heaven, Hell is a permanent place for the evil people, but the Muslims believe that after enough punishment, people are taken out of hell and are sent to the Heaven. Hindus and the Buddhists believe that like Heaven, hell is not a place where you live for ever. After sometime you are reborn and the birth-death cycle continues.

However, the concept of Hell and Heaven is very different in SIKHISM. There is definitely a mention of Hell and Heaven, but their concepts are very different. A few holy Shabads are quoted here in which there is a mention of the terms.

HELL [NERK OR DOJUK(H)]

□ □□□ □□□, □□□□ 2 (463)□ ਨਾਨਕ ਜੀਅ ਉਪਾਇਕੈ ਲਖਿ ਨਾਵੈ ਧਰਮੁ ਬਹਾਲਿਆਂ□ ਓਥੈ ਸਚੇ ਹੀ ਸਚੀ ਨਬਿੜੈ ਚੁਣੀ ਵਖੀ ਕਢੇ ਜ ਜਮਾਲੀਆਂ□ ਥਾਉ ਨ ਪਾਇਨੀ ਕੂੜੀਆਰ ਮੁਹ ਕਾਲੈ

ਡਰਾਵਣਾ□



Meaning: You will reap the results of your good or bad deeds, oh man! Your beauty and expensive clothes (and other belongings) will be left behind. ------ When your deeds will be

scary (helpless), oh man!

ਸਰਣੀ□

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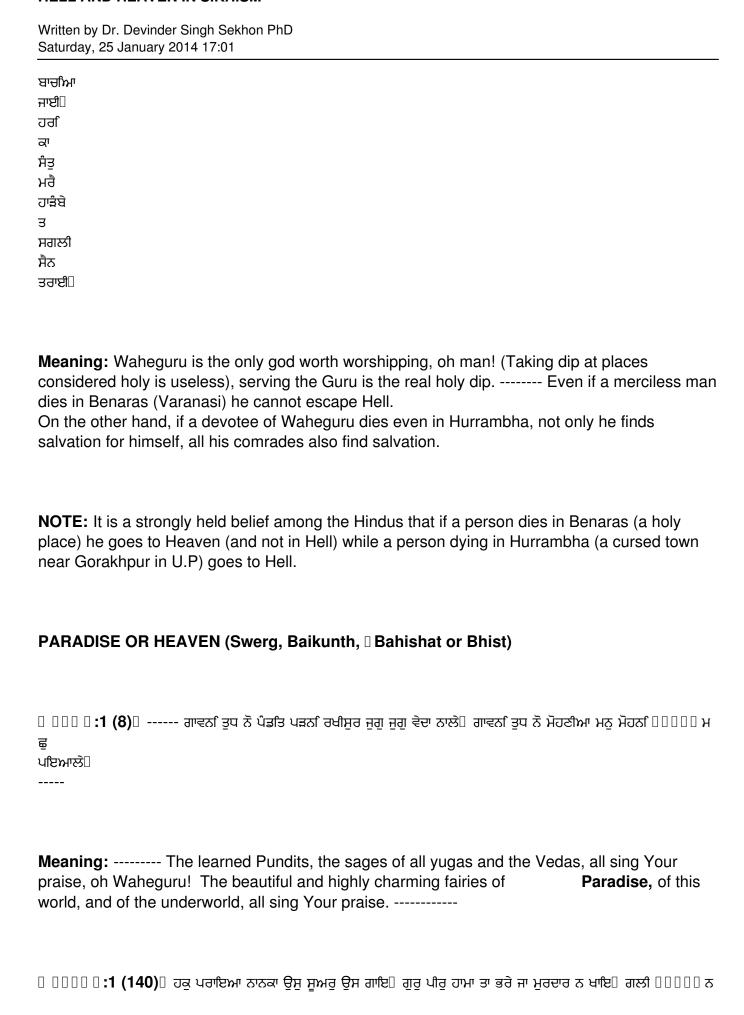
fully exposed in Waheguru's Court and you will be sent to

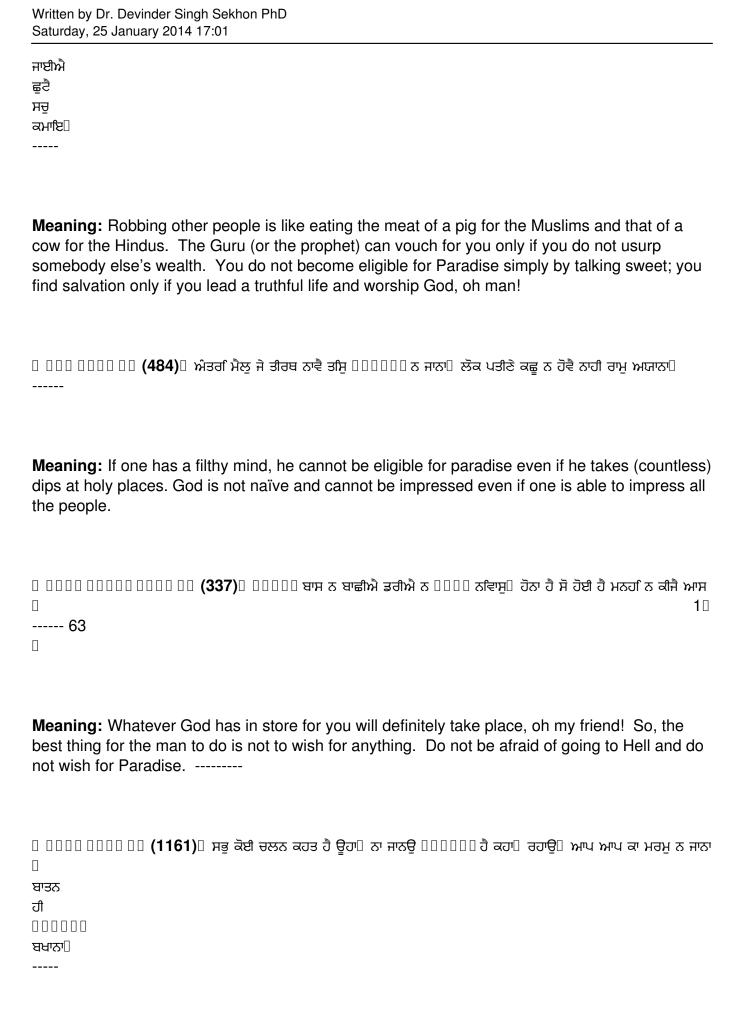
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0 00000: 3 (854) 0 ਜਟਿ 000 ਮਹੀਂ ਬਧੇ ਦੁਖ ਸਹੰਨ੍ਹੀਂ	ਨ੍ਹੀ ਨਾਮੁ ਵਸਿਾਰੀਆ ਕੂੜੇ ਕਹਣੁ ਕਹੰਨ੍ਹ	ਸੰੰ□ ਦੁਸਟਾ ਸੇਤੀ ਪਰਿਹਃ	ਸ਼ੀ ਜਨ ਸਾਿੰਉ ਵਾਦੁ ਕਰੰਨ੍ਹਹੀਂ⊡	ਨਾਨਕ ਸਾਕਤ
	o forget Waheguru's Naam the evil and oppose Wahe Hell where they suffer the	guru's devotees. So		
ਰਖਣਹਾਰੈ ਸਦਾ ਨਰਿਮਲ ਕਰਣੀ[ਨਾਨਕ [] [] [] ਨ ਨ ਜਾਹੀਂ ਕਬਹੂੰ ਹਰੀਂ ਸੰਤ ਹਰੀਂ	ੇ ਹਰ ਿ ਕੇ ਦਾਸ ਜੀਵੇ ਲਗ ਿ ਪ੍ਰਰਭ	ਕੀ ਚਰਣੀ⊡ ਕੈਠੀ ਲਗਾਇ ਲੰ	ੀਏ ਤੀਸੁ ਠਾਕੁਰ ਸਰਣੀ□	ਰਾਖ਼ਿ ਲੀਏ
ਹਰ। ਕੀ				

Meaning: Waheguru's devotees survive (find mental peace) only when they take Waheguru's shelter. When they take Waheguru's refuge, Waheguru hugs them affectionately (showers them with His blessings). Under Waheguru's care, they always perform noble deeds. Waheguru's devotees never go to Hell, oh Nanak!

□ □□□ □□□□ □□ (484)□ ----- ਪੁਜਹੂ ਰਾਮੂ ਏਕੂ ਹੀ ਦੇਵਾਂ□ ਸਾਚਾ ਨਾਵਣੂ ਗੁਰ ਕੀ ਸੇਵਾਂ□ ----- ਮਨਹੂ ਕਠੋਰੂ ਮਰੈ ਬਾਨਾਰਸਿੰ □□□□ ਨ

Hell, you will look very





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Meaning: Everybody talks about going to paradise, but, I have no idea where Paradise is. Pause. They know nothing about themselves, but talk a lot about Paradise to define it. -------

OBJECTIVE OF HUMAN LIFE

As you see, there is definitely a mention of Hell and Paradise in all these holy Shabads, but the objective of human life is not to seek paradise or life of comfort after death. **According to Guru Granth Sahib**, the objective of human life is to unite the soul with Waheguru or God. Unity with Waheguru ends the birth-death-birth cycle. So, in other words, the objective of the human life is to end the birth-death cycle. The following holy Shabads make this assertion perfectly clear.

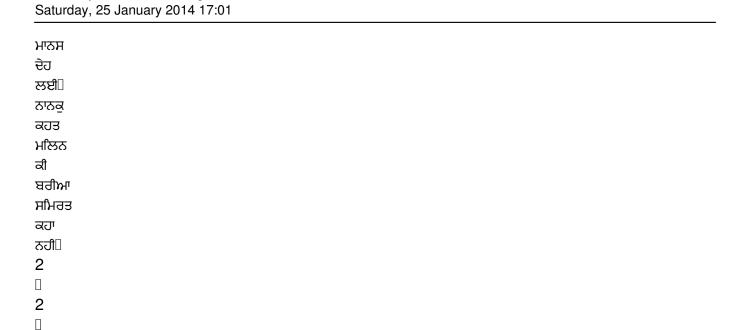
□ □□□□□ □:1 (8)□ ਪਵਣੂ ਗੁਰੂ ਪਾਣੀ ਪਤਾਿ ਮਾਤਾ ਧਰਤੀ ਮਹਤੂ⊡ ਦਵਿਸ਼ੂ ਰਾਤੀ ਦੂਇ ਦਾਈ ਦਾਇਆ ਖੇਲੈ ਸਗਲ ਜਗਤੂ⊡ ਚੰਗੀਆਈਆਂ ਬੁਰੀਆਂ ਈਆ ਜੈ ਧਰਮ ਹਦਰ∐ ਕਰਮੀ ਆਪੋ ਆਪਣੀ ਕੇ ਨੇੜੈ ਕੇ ਦੁਰਿ∐ ਜਨਿੀ ਨਾਮ ਧੀਆਇਆ ਗਏ ਮਸਕਤ ਘਾਲ[] ਨਾਨਕ ਤੇ ਮਖ ੳਜਲੇ ਕੇਤੀ ਛਟੀ ਨਾਲ∐

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Meaning: (Waheguru has provided all the necessities for man to live). The earth is like the mother who provides food, clothing and shelter. Water like father nurtures him and sustains his life. Just like the Guru who purifies the mind of the man, the air purifies the blood and keeps the man alive. But forgetting such benevolent Waheguru, the world is simply enjoying life. However, Dharamraj (the justice for the deeds of the man) is watching every human being in the Waheguru's Court. Because of their good or bad deeds, some humans are close to Waheguru (get His approval) while some others are far away from Him (do not get His approval). Those who worship Waheguru with dedication succeed in life (achieve the objective of life to be one with Waheguru). Their faces glow in Waheguru's Court (they are honoured in Waheguru's Court) and many more in their holy company also get His approval.

□ □□□□□ :5 (12)□ ਭਈ ਪਰਾਪਤੀ ਮਾਨੁਖ ਦੇਹੁਰੀਆ□ ਗੋਬੰਦਿ ਮਲਿਣ ਕੀ ਇਹ ਤੇਰੀ ਬਰੀਆ□ ਅਵਰੀ ਕਾਜ ਤੇਰੈ ਕੀਤੈ ਨ ਕਾਮ□ ਮਿਲੁ ਸਾਧ ਸੰ ਗਤੀ ਭਜੁ ਕੇਵਲ ਨਾਮ□
Meaning: Now that you have been given the life of a human, it is your opportunity to be one with Waheguru (God) oh man! So, you must worship Waheguru (recite His Naam) in the company of holy men to achieve the objective of life. No other ritual is helpful in this regard.
□ □□□□□ :5 (188)□ ਦੁਲਭ ਦੇਹ ਪਾਈ ਵਡਭਾਗੀ□ ਨਾਮੁ ਨ ਜਪਹਿ ਤੇ ਆਤਮਘਾਤੀ□ ਮਰਿ ਨ ਜਾਹੀ ਜਨਿਾ ਬਸਿਰਤ ਰਾਮ□ ਨਾਮ ਬਹਿੂਨ ਜੀਵ ਨ ਉਨ ਕਾਮ□ ਰਹਾਉ□
Meaning: You are very lucky to have acquired the invaluable human form, oh man! Now, you will be the assassin of your soul if you do not worship Waheguru. Without worshipping Waheguru, life is worthless. The people who forget Waheguru are actually spiritually dead. Pause.
□ □□□□□□ :9 (631)□ ਮਨ ਕੀ ਮਨ ਹੀ ਮਾਹਾਂ ਰਹੀਂ□ ਅਵਰ ਸਗਲ ਮਥਿਆਿ ਏ ਜਾਨਹੁ ਭਜਨੁ ਰਾਮ ਕੋ ਸਹੀਂ□ਫਰਿਤ ਫਰਿਤ ਬਹੁਤੇ ਜੁਗ ਹਾਰਓਓ

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Meaning: (Will start with the last two sentences). You have been given the human form after you were tired of countless life and death cycles, oh man! Now, it is an opportunity for you to be one with Waheguru. So, why don't you recite His Naam? Worshipping Waheguru is the only way to please Him. No other deed is worthwhile. If you do not worship Waheguru, you will leave this world with your wish unfulfilled.

] [] [] (658) []	ਦੁਲਭ ਜਨਮੁ	਼ਫਲ ਪਾਇਓ	ਾ ਬਰਿਥਾ ਜ	ਾਤ ਅਬਬਿਕੈ□	ਰਾਜੇ ਇੰਦ੍ਰਰ	ਸਮਸਰੀ ਗ੍ਰਰਹਿ	ਆਸਨ	ਬਨੁਿ	ਹਰ ਿਭ
ਗਤਿ										
ਕਹਹੁ										
ਕਹਿ										
ਲੇਖੈ□ ਨ										
ਬੀਚਾਰਓਿ										
ਰਾਜਾ										
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ਕੋ										
ਰਸੁ□										
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ਅਨ										
ਰਸ										
ਬੀਸਰ										
ਜਾਹੀ□										
ਰਹਾਉਂ□										

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Meaning: You are given the invaluable human form, but it is going waste because of your lack of spiritual awareness, oh man! Without worshipping God, even big mansions like those of god Indra are worthless. You are not putting in any effort to enjoy the taste of God's Naam. Once you taste that, you will forget all other tastes in life.

So, as you can see from the above holy Shabads, going to Heaven is NOT the objective of human life according to Sikhism. **The real objective is to be one with Waheguru.** There are many holy Shabads which testify to this fact, but I will quote only one or two to clarify the point.

□ □□□□□□ :4 □□□□□ (1324)□ ਸੁਰਗ ਮੁਕਤੀ ਬੈਕੁੰਠ ਸਭੀ ਬਾਛਹੀ ਨੀਤੀ ਆਸਾ ਆਸ ਕਰੀਜੈ□ ਹਰੀ ਦਰਸਨ ਕੇ ਜਨ ਮੁਕਤੀ ਨ ਮਾਗਹੀ ਮੀਲੀ ਦਰਸਨ ਤ੍ਰੀਪਤੀ
н <u>о</u>
네큐[]
Meaning: Everybody wishes to find salvation and go to Heaven and always hope for those two. However, the devotees of Waheguru do not care for any of those; they only wish for a sight of Waheguru (to be one with Him) and are fully satisfied with His sight alone
□ □□□□□□□□□ :5 (534) □ ਅੰਮ੍ਰਰਤਾ ਪ੍ਰਰੀਅ ਬਚਨ ਤੁਹਾਰੇ□ ਅਤੀ ਸੁੰਦਰ ਮਨਮੋਹਨ ਪੀਆਰੇ ਸਭ ਹੁੰ ਮਧ ਨਿਰਾਰੇ□ ਰਹਾਉ□ ਰਾਜੂ ਨ ਚ
ਹਿਊ ਹ ਰਜ਼ਾਜ਼ ਜ਼ੁਜ਼ਾਜ਼ ਜ਼ੁਰੂ (੨੨+) । ਮੁਖੰਗਤ, ਰੰਗਮ ਰਚਲ ਤੌਨ,ਆਂ ਮੁਤਾ ਸੌਂਵਰ ਸੁਲਮਨਲ ਰਾਮਾ,9 ਮੁੜ ਨੂੰ ਮੁਰੂ ਲਾਭ,ਆਂ ਭਨ,ਕੌਜ ਰਜ਼ੁਲ
ਮੁਕਤੀ
⊼
ਚਾਹਉ ਮਨੀ
ਮੂਰੀਤਿ ਪ੍ਰਰੀਤਿ
ਚਰਨ
ਕਮਲਾਰੇ□

Meaning: Your words (Your commandments for me) are the real Amrit (liquid of immortality) for me oh my Lord, Waheguru! You are extremely handsome and charming among all the living

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beings in the universe; yet you are totally unaffected by Maya. Pause. I do not wish for any kingdom to rule, nor do I care to free myself from the bonds of Maya (which happens automatically once you are connected to Waheguru) oh my dear Waheguru! The only thing that I wish is the love for your beautiful feet which are softer than even a lotus flower.

PARADISE DEFINED

As long as a man does not lead a noble life according to the Teaching of the Perfect Guru, and does not recite Waheguru's Naam with dedication so as to unite his soul with Waheguru, he will be engrossed in Maya (worldly attraction) which results in his rebirth again and again, and he is caught in a birth-death cycle until he purifies his soul to the extent that it becomes one with Waheguru. So, for a common man his present life is either Heavenly or Hellish depending upon his mental state and his deeds in his previous lives (this means that heaven and hell exist right here on the earth). A man whose life is comfortable monetarily and health wise, and is relatively worry free is in heaven. On the other hand a man whose basic needs are not met, and suffers a poor health, and his life is under stress due to many worries most of the time, can be considered to be residing in hell.

But according to Guru Granth Sahib, a man is in heaven when he is connected to Waheguru in a company where Waheguru's praise is sung, and he is in hell when he is disconnected with Waheguru.

Listen to the following holy Shabad.

□ □□□□ □ :5 (318)□ ਨਾਨਕ ਸੋਈ ਦਨਿਸੁ ਸੁਹਾਵੜਾ ਜਤ੍ਹਿ ਪ੍ਰਭੂ ਆਵੈ ਚਤਿੰ⊡ ਜਤ੍ਹਿ ਦਨਿਿ ਵਿਸਿਰੈ ਪਾਰਬ੍ਰਹਮੁ ਫਰ੍ਹਿ ਭਲੇਰੀ ਰੂਤਿੰ□

Meaning: Only that day (time) is pleasant on which I remember Waheguru, oh Nanak! That season (time) is curse able when I forget Waheguru.

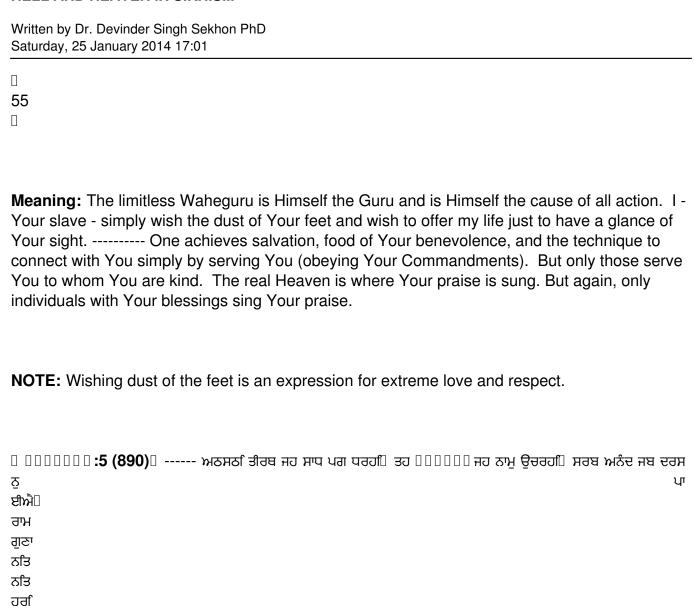
Likewise, Heaven is defined as the place where Waheguru's praise is sung, and Hell is the place where Waheguru is forgotten. Listen to the following holy Shabads.

2

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□ □□□□□□:5 (742)□ □□□□□□ ਨਗਰੁ ਜਹਾ ਸੰਤ ਵਾਸਾਂ□ ਪ੍ਰਭਚਰਣ ਕਮਲ ਰਦਿ ਮਾਹੀਂ ਨਵਾਸਾਂ□1□ ਅੰਮ੍ਰਰੀਤ ਨਾਮੁ ਭੁੰਚੁ ਮਨ ਮਾਹੀਂ□ ਅਚਰਜ ਸਾਦ ਤਾ ਕੇ ਬਰਨੇ ਨ ਜਾਹੀਂ□ 2 □ 27
Meaning: Heaven is the place where the holy devotees of Waheguru reside. Waheguru's lotus-like feet reside in their hearts You too enjoy the Amrit-like Naam of Waheguru, oh my mind! The taste of the Naam-Amrit is indescribable.
□ □□□□□ :5 (749)□ ਪਾਰਬ੍ਰਹਮ ਪਰਮੇਸਰ ਸਤਗੁਰ ਆਪੇ ਕਰਣੈਹਾਰਾ□ ਚਰਣ ਧੂੜੀ ਤੇਰੀ ਸੇਵਕੁ ਮਾਗੈ ਤੇਰੇ ਦਰਸਨ ਕਉ ਬਲਹਿਾ ਰਾ□
 ਮੁਕਤੀ
<u>बुवार्ड</u>
ਜੁਗਤੀ ਤੇਰੀ
ਸੇਵਾ
ਜ <u>ਸ</u> ਿ
ਰੂ
ਆਪੀ ਕਰਾਇਹਿੱ
ਤਹਾ
ਜਹ
ਕੀਰਤਨੂ
ਤੇਰਾ
ਤੂ ਆਪੇ
ਸਰਧਾ
ਲਾਇਹ∐ ਲਾਇਹੀਂ

ਗਾਈਐ 3 ਹ 25



Meaning: Only that place is the real Heaven where Waheguru's Naam is recited. The place where the holy devotees of Waheguru set their feet becomes a holy place which is holier than all the sixty-eight holy places of the Hindus combined. One should sing Waheguru's praise all the time. The mind feels blissful on the sight of Waheguru (on connecting with Him through singing His praise).

□ □□□□□□□□□□ (325)□ ----- ਨਾ ਜਾਨਾ □□□□□□□ ਕਹਾ ਹੀਂ□ ਜਾਨੁ ਸਭ ਕਿਹਹੀ ਤਹਾ ਹੀਂ□ ਰਹਾਉਂ□ ---- ਜਬ ਲਗੁ ਮਨਿ □□□ □□□ ਕੀ

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Saturday, 25 January 2014 17:01 ਆਸ□ ਤਬ ਲਗੁ ਹੋਇ ਨਹੀ ਚਰਨ ਨਵਾਿਸ□ ਕਹੁ ਕਬੀਰ ਇਹ ਕਹੀਐ ਕਾਹਿ∐ ਸਾਧ ਸੰਗਤਿ ਆਹ∐ 4 10 П

Meaning: Everybody talks about going to Heaven, but I do not know where that Heaven is. Pause. ----- As long as people wish for Heaven, they cannot connect with Waheguru. Kabir Ji says how I can explain to these (ignorant) people that Heaven is in the company of the holy devotees.

□ □□□□□□□□□□□ (1161)□ ਸਭ ਕੋਈ ਚਲਨ ਕਹਤ ਹੈ ਊਹਾ□ ਨਾ ਜਾਨਉ ਬੈਕੁੰਠ ਹੈ ਕਹਾ□ਰਹਾਉ□ ਆਪ ਆਪ ਕਾ ਮਰਮੁ ਨਾ ਜਾਨਾ□ ਬਾਤਨ ਹੀ ਬੈਕੁੰਠ ਬਖਾਨਾ□ ----ਕਹੀ ਕਮੀਰ ਅਬ ਕਹੀਐ ਕਾਹਾ□ ਸਾਧ ਮੈਗਤੀ □□□□□□□ ਆਹਾਂ□

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Meaning: All the people talk about going to Heaven, but I am not aware where the Heaven is. Pause. They do not know their own secret (anything about themselves), yet they talk big about heaven. Kabir (Sahib) says how I can tell these people that being in the company of the holy devotees is the real Heaven.

HELL DEFINED

If a man is to receive punishment in Waheguru's Court for his evil deeds, he must have a physical body otherwise how can he be punished? So, a man to be punished must receive a life form and must be born. Thus a man who is condemned to go to Hell must have a new birth. Therefore, going through birth-death cycle is synonymous with Hell. In other words, going to hell in Sikhism means to be born again and again.

Listen to the following holy Shabads.

	000000 : :	5 000000] (1192) []	ਅਨਕਿ ਜਨ)	₁ ਭ੍ਰਮੇ	ਜੋਨਿ ਮਾਹ∐	ਹਰ ਿਸੀ	ਮਰਨ ਬ	ෘති □□□□	ਪਾਹ∐	ਭਗਤ	ਬਹੂਿਨਾ	ਖੰਡ	ਖੰਡ□	ਬ
ਨੁ															
ਬੂਝੇ	रे														
ਜਮੁ	Ī														
ਦੇਤੁ															
ਤੰਡ	<u> </u>														
1															
2															
П															

Meaning: You have been through countless life forms oh man! Without worshipping Waheguru, you will continue to go to Hell. Without worshipping Waheguru, your mind is scattered into million (thoughts), and wanders in every direction. Without understanding this (and without connecting to Waheguru) you will continue to be punished by Waheguru's Justice.

□ □□□□□□:1 □□□□□ (1027)□ ----- ਨਾਮ ਵੀਸਾਰੀ ਦੇਖ ਦਖ ਸਹੀਐ□ ਹਕਮ ਭਇਆ ਚਲਣਾ ਕਿੳ ਰਹੀਐ□ □□□ ਕੁਪ ਮਹੀਂ ਗੋਤੇ ਖ ਾਵੈ ਜਿੱਚਿ ਜਲ

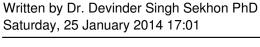
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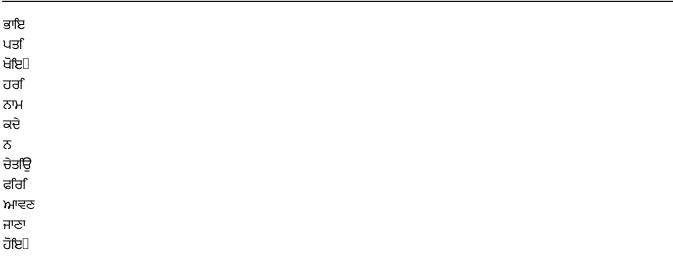
ਤੇ		
ਬਾਹਰੀ		
ਮੀਨਾ		
ਹੇ□		
ਚਉਰਾਸੀਹ		
ਸਾਕਤੁ		
ਭੋਗਾਈਐ□		
ਜੈਸਾ		
ਕੀਚੈ		
ਤੈਸ <u>ੋ</u>		
ਪਾਈਐ□		
ਸਤਗੁਿਰ		
ਬਾਝਹੁ		
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ਹੇ□		
8		

Meaning: A man who forgets Waheguru's Naam is guilty and suffers the painful consequences. When Waheguru calls one back (when the time of death comes) one has no choice but to obey. (Because of one's bad deeds) he drowns in the well of Hell and suffers just like a fish out of water. The individual engrossed in Maya suffers through eighty-four (lakhs or 8,400,000) hells because he has to reap the results of whatever he had sown. One cannot find salvation without the Perfect Guru, and the man who simply spent his life in worldly affairs is punished.

NOTE: According to the Hindu holy books, there are 8400000 life forms, and a man sentenced to Hell has to go through all of them.

		□ :3	(948)□	ਧੰਧਾ	ਧਾਵਤ	ਦਨਿੁ	ਗਇਆ	ਰੈਣਿ	ਗਵਾਈ	ਸੋਇ□	ਕੂੜੁ	ਬੋਲਿ	ਬਖੁਿ	ਖਾਇਆ	ਮਨਮੁਖੀ	ਚਲਿਆ	ਰੋਇ□	ਸਰਿੈ	ਉਪਰ ਜਮ
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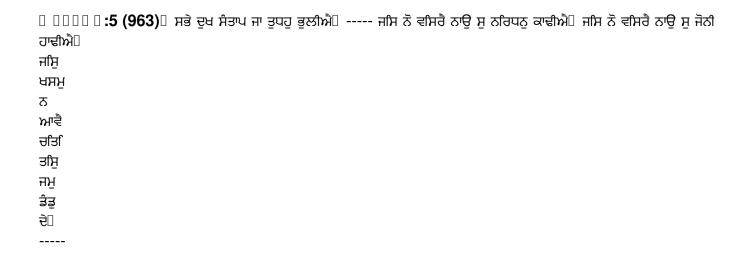
Meaning: man spends his day busy in worldly affairs and spends his night sleeping (thus has no time to recite Waheguru's Naam). He talks about Maya-related topics and tells lies. When such a mind-guided man dies, he leaves the world crying. The sword of the Justice of the Deeds hangs above his head to punish him and he earns disrespect for being engrossed in Maya. He is caught in the birth-death cycle because he had never sung Waheguru's praise.

□ □□□□ □ :5 (1019-20)□	ਪਾਪ ਕਰੇਦੜ	ਸਰਪਰ ਮੁਠੇ□ਾ	ਅਜਰਾਈਲੀ ਫੜੇ	ਫੜ ਕੁਠੇ🛚	ਦੋਜਕੀ ਪਾਏ ਸਰਿਜਣ	ਹਾਰੇ ਲੇਖਾ ਮੰਗੈ ਬਾਰ
ਆ□						
ਜਮ						
ਜਮ						
ਮਰੈ						
ਮਰੈ						
ਫਰਿ						
ก ำਮื⊡						
ਬਹੁਤੁ						
ਸਜਾਇ						
ਪਇਆ						
ਦੇਸ਼						
ਲੰਮੈਂ□						
ਜੀਨੀ						
ਕੀਤਾ						
ਤਸਿੈ						
δ						
ਜਾਣੀ						
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ਦੁਖੁ						
ਸਹੈ						

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Meaning: A sinner is definitely robbed of good qualities, and Gabriel (the angel of death) tortures him. On judgment, such an individual is found guilty, and the Creator sends him to Hell. As a result, he is born again and again and enters a long journey of birth-death cycles. The wisdom-blind man does not remember his Creator and suffers as a consequence.



Meaning: We experience all sorts of suffering when we forget you, oh Waheguru! ------ A real penny-less man is the one who forgets Your Naam, oh Waheguru! An individual who ignores Waheguru's Naam is condemned to go through different life forms. An individual who does not remember Waheguru is punished by the Angel of Death.

In nut shell, according to Sikhism, Heaven and Hell are NOT dedicated places unlike the beliefs of the most popular religions. For Sikhs, heaven and hell are right here on this earth, but Heaven is the place where Waheguru's praise is sung and Hell is the place where Waheguru is not remembered.

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