

(1) Tayra Sudrra Suneejaiy Bhaayee

ਸੁਹਿ ਮ:੧ ॥ ਜੋਗਿ ਹੋਵਾਇ ਜੋਗਵਾਇ ਭੋਗਿ ਹੋਵਾਇ ਕਾਯੇ ॥ ਟੁਪੇਯਾ ਹੋਵਾਇ ਟੁਪ ਕੇਰਾਯ ॥
ਟੀਰੁਠ ਮੁਲ ਮੁਲ ਨਾਯੇ ॥ ੧ ॥ ਟੇਰਾ ਸੁਦਰਾ ਸੁਨੇਜਾਇ ਭਾਯੇ ਜੈ ਕੋ ਭਾਇ ਆਲਾਯੇ ॥ ੧ ॥ ਪਾਊ ॥
ਜੈਸਾ ਬੀਜਾਇ ਸੋ ਲੋਨਾਇ ਜੋ ਖੁਟਾਇ ਸੋ ਕਾਯੇ ॥ ਉਗਾਇ ਪੂਚਹ ਨਾਹ ਹੋਵਾਯੇ ਜੈ ਸੁਨਹ ॥
ਨਿਸਾਨਾਯ ਜਾਯੇ ॥ ੨ ॥ ਟੈਸੋ ਜੈਸਾ ਕਾਨ੍ਦਹੇਯੇ ਜੈਸੇ ਕਾਰ ਕਮਾਯੇ ॥ ਜੋ ਦੁਮ ਚਿਤ ਨਾਹ ਆਵਾਯੇ ॥
ਸੋ ਦੁਮ ਬਿਰਥਾ ਜਾਯੇ ॥ ੩ ॥ ਏਹੁ ਤੁਨ ਵਾਧਚੇ ਬਾਏ ਕਰੇ ਜੈ ਕੋ ਲੂਯੇ ਵੀਕਾਯੇ ॥ ਨਾਨਕ ਕੁਮ ਨਾਹ ॥
ਆਵਾਯੇ ਜਿਤੁ ਨਾਹੀ ਸੁਚਾ ਨਾਉ ॥

§ Suhi M:1 (730). Jogi hovaïy jogvaïy bhogi hovaïy khaaye. Tuppeeya hovaïy tup keray
teeruth mul mul naaye. 1. Tera sudrra suneejaiy bhaayee jay ko bahaiy allaaye. 1. Pause.
Jaisa beejaiy so loonaiy jo khuttaiy so khaaye. Uggaiy poochh nah hovayee jay sunh
nisaanay jaaye. 2. Taiso jaisa kaandheeye jaisee kaar kmaaye. Jo dum chit nah aavayee
so dum birtha jaaye. 3. Eh tun vaychee bai kree jay ko luyye vikaaye. Nanak kum nah
aavayee jit tun naahi sucha Naauo.

Word Meaning: Jogvaïy = behaves like a jogi (yogi); Bhogi = a family man (enjoys the
gifts of life); T uppeeya =

who suffers hardships to please God;

Teeruth

=

sacred places;

Mul

=

cleans well;

Sudrra

=

(Divine) message;

Allaaye

=

narrates (delivers);

Beejaiy

=

sows;

Loonaiy

=

reaps;

Khuttay

=

earns;

Uggaiy

=

in the Court of Waheguru;

SHABADS T to Z

Written by Dr. Devinder Singh Sekhon PhD
Wednesday, 12 December 2012 14:34

Poochh

=[] is questioned;[]

Sunh

=

with, including;

Nisaanay

=[]

approval letter;

Taiso

=[]

similar, same;

Kaandheeye

=

called, labelled;

Kaar

=[]

deeds;

Dum

=

moment;

Birtha

=

empty, useless

;[] []

Bai Kree

=[]

sell all rights;

Vikaaye

=[]

trade, on sale;

This holy Shabad by Guru Nanak Dev Ji highlights the importance of Wahegur's Naam in the life of a man.

Meaning: Oh my Waheguru! A jogi leads his life as such, and a family man spends his life enjoying the gifts provided by You! Similarly, a tuppeeya spends his time suffering hardships and undertakes pilgrimage to clean his body (with the belief that he will be united with You by doing such things). [] But, I wish to listen to Your Divine message if someone could deliver that to me patiently.[] An individual reaps the rewards of whatever he sows (good rewards for good deeds and bad for bad deeds), and a person can spend only that much which he earns. (When the judgment time comes on the death of a person, his spiritual rewards are based on his deeds).[] But a person who has Your letter

3 / 16

Suhaylay

=

comfortable;

Dayya

=

Mayya

=

kindness, compassion;

Kirpal

=

kind;

Bhoujul

=

the world sea, ocean of Maya;

Terna

=

swim across;

Abaaiy

=

fearlessness;

Daan

=

donation, alms;

Daariyo

= thrown;

Sant ॥ Churnaa

=

at the feet of holy men.

This holy Shabad by Guru Arjun Dev Ji illuminates the importance of Waheguru and His holy men in everyday life.

Meaning: I live by Your support, oh Waheguru Ji! My pride and my dignity is all because of You. I am seeking Your protection and shelter. PAUSE. You are my hope, and I have full faith in You. I have made my heart the residence of Your Naam. You are my strength, and Your company is the source of all comforts. I have to follow Your commandments. My comforts are because of Your kindness and compassion, and I can break the bonds of Maya with Your blessing. I have thrown my head at the feet of the holy men and with their support I have been able to get the donation of Your Naam which leads to the state of fearlessness (in the world).

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5 / 16

disconnected

6 / 16

This is a beautiful devotional Shabad by Guru Arjun Dev Ji

Word Meaning: Daatay = provider of everything; Thakur = Master, Pritpaala
Waheguru; = who
k
nourishes and nurtures;
Nayak
= guide, leader, great;
Khusm
= Master;
Dhaaray
= on support;
Jihvaa
= tongue;
Kuven
= which;
Goon
= noble qualities;
Bayshumaar
= limitless;
Bayunt
= endless;
Suami
= Master;
Unt
= end;
Luheeye
= get, find;
Kote
= millions;
Praadh
(upraadh) = immoral or illegal acts, sin, crime;
Khundou

=[] destroy, forgive;
Anik[] Bidhi[]
=[] in countless ways;
Ugyaan
=[] ignorant;
Ulp
= tiny;
Bird
=[] innate quality of loving and forgiveness;
Shern
=[] protection;
Assa
=[] hope, dependence;
Soohaylay
=[] comforting;
Raakhanhaar
=[] protector;
Dyaala
=[] kind;
Goalay
=[] slave;

Meaning: You are the provider who nourishes and nurtures us, and You are the greatest Master of us all, oh Waheguru! We are Your children who depend upon You, and You nourish and nurture us every single moment. You have unlimited great qualities, and we have only one tongue to describe them, so which ones should we describe (because we cannot describe them all). Pa

use. You forgive millions of our sins, and teach us in millions of different ways, oh Waheguru!

We are ignorant, tiny, and have very little wisdom, but You have this innate quality of forgiving us and comforting us!

We are in Your protection and You are our only hope because You are the best friend who provides comfort.

(Guru) Nanak says that I am Your slave, oh Waheguru!

Please protect me (from all bad deeds).

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Word Meaning: Tehal = serve with respect; Dass = devotee (Guru); Pug = feet; Jharoo
n = dus

feel blissful;

SHABADS T to Z

Written by Dr. Devinder Singh Sekhon PhD

Wednesday, 12 December 2012 14:34

Chitvat =

thinking of;

Kirpaal =

kind (Waheguru);

Oodhaarun =

one who is able to cut shackles of Maya;

Saadh =

SatGuru;

Paal

=

take refuge;

Mokou =

me;

Daan =

alms;

Pug Raal =

dust of the feet;

Ookut =

logic, argument;

Ghaal =

hard work;

Bherm =

misconception;

Bhai =

fear;

Moh =

attachment;

Tay =

from;

Jum

Jaal

=

net of the angel of death.

Binou

=

request;

Krunaputay =

merciful;

Pritpaal

=

one who raises you;

Goon

=

praise;

Saal =

great, supreme

Meaning: When I get connected to you with the grace of the Guru, my mind comes to life, and I am in a state of bliss day and night when I think about you, oh my Waheguru! Please, connect me with You, oh kind Waheguru! Pause. I wish to serve the Guru who is Your special devotee (agent), in every way, and wish to dust off His feet with my hair. I wish to offer my head (surrender my own wisdom) to Him and wish to listen Your praise, oh the source of all tastes (enjoyment)! I wish to seek refuge of the Guru who saves the world from the jaws of Maya. I beg You for the dust of the feet of the Guru, oh Waheguru! I have no logic or wisdom, and haven't put in any hard work; please protect me from any misconception, worldly fear and attachments, and cut the net of the angel of death, oh merciful and caring father, Waheguru. I wish to sing Your praise in the company of the Guru which is the supreme comfort.

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11 / 16

SHABADS T to Z

Written by Dr. Devinder Singh Sekhon PhD

Wednesday, 12 December 2012 14:34

=

Waheguru;

Saagro

=

sea of;

Ratnaagro

=

of precious stones (good qualities);

Saar

=

worth, value;

Vud Daana

=

extremely wise (source of all good qualities);

Mehrammut

=

kindness, generosity;

Saayeen

=

Master;

Saa

=

that;

Mutt

=

wisdom;

Aath Pehr

(twenty four

hours; there are three hours in a pehr);

Toodh

=

you;

Dhiyayeen

=

I may keep in mind;

Gerb

=

conceit;

Rayn

=

dust;

Gutt

=

high spiritual level;

Jeearay

=

living being (man);

Ooper

=

above

It is another lovely Shabad by Guru Arjub Dev Ji in praise of the Almighty. Enjoy.

Meaning: You are the king of all ascetics, but, there are millions of Your devotees like me, oh great Waheguru! You are a sea of precious stones (qualities), but, I do not know Your worth. You are extremely wise (source of all good qualities) and I do not know Your worth; so I ask for Your kindness. Please, be kind and grant me the wisdom so that I may remember you twenty-four hours (all the time). (At this, I get this advice): If you want to attain a high spiritual level, show no conceit and be humble like dust (which is walked all over). (Guru) Nanak says, oh my friend! The Master Waheguru is above everybody and there are millions of insignificant disciples like me.

(7) Unter Mail Jay Teeruth Naavaaiy

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**§ Assa Kabir Jeeo (484). Unter mail jay teeruth naavaaiy tis baikuntth nah
jaana Loke pteenay kuchhoo nah hovaaiy naahi
Ram uyaana. 1. Poojou Ram eik hee Deva.**

Saacha naavun Gur ki sayva. Pause.

**Jul kaiy mujjan jay gut hovaaiy nit nit maynduk
naavhe. Jaise**

maynduk taise oye nur phir phir joani

aavhe. 2. Munhou kathore murrayi Banaras nurk nah baachiya jaayee. Hur

**ka sant murrayi Harrumbay ta suglee sain traayee. 3. Dinus nah rain, Veda
nuhee Shaster
tuhaan bussaiy Nirankaara.
Keh Kabir nur tisay dhiyavhou baanweriya sansaara.**

**This is a lovely Shabad by Kabir Sahib in which he dispels many myths and
downplays rituals.**

**Word Meaning: Unter = inside; Mail = filth; Teeruth = holy places; Baikunth
= heaven;
Pteenay
= by impressing;
Ram
= God, Waheguru;
Uyaana
= ignorant;
Poojou
= worship;
Eik Hee Deva
= only single God;
Saacha Naavun
= real bath;
Jul
= water;
Mujjan
= bathing;
Gut**

= ॥ salvation;

Nit nit

= ॥ all the time; ॥ Maynduk = ॥ frogs; ॥ Jaise = ॥ just like; ॥ Taise = ॥ the same; ॥ Nur = ॥ man; ॥ Jaoni aavhe = ॥ are reincarnated; ॥ Manhou = ॥ from heart; ॥ Kathore = ॥ hard;

Banaras

= ॥ A holy city of Hindus and is called Shiva's city. It is a strong belief among Hindus that if a person dies in Babaras, he goes to heaven,

Nurk

= hell;

Bacchiya

= avoided;

Hur ka Sant

= ॥ Waheguru's devotee.

Harrumba

= ॥ A town near Gorakh Pur and is ॥ believed to be cursed by Ganesha. ॥ According to the belief, if a person dies in Harrumba, he is reborn as a donkey (or goes to hell);

Suglee ॥ Sain Traayee

= ॥ All the companions find salvation.

Dinus

= ॥ day,light (worldly knowledge),

Rain

= ॥ night (ignorance);

Tuhaan

= there,

Bussaiy

= ॥ resides;

Nirankaara

= ॥ body-less Waheguru;

Tisay

= ॥ Him;

Dhiyavhou

= ॥ remember, worship;

Baanweriya

= ॥ unwise, ignorant;

Meaning: If someone has a filthy mind, he cannot go to heaven even if he takes dips in holy waters regularly. You simply impress people by pretending to be a holy person, but that does you no good at all because God is not ignorant. 1. There is only one God to worship; and serving the Guru is the real dip at holy places.

Pause. If one can find salvation by simply taking a dip in water even if it is considered to be holy, then all the frogs should also find salvation because they stay in water all the time (but obviously they do not).

So, a man filthy at heart is just like the frogs and keeps reincarnating in different life forms. (There is another myth that if a man dies in Banaras, he goes to heaven) But this is not true at all.

If he stone-hearted (ruthless) man dies in Banaras, he cannot escape hell.

Likewise, contrary to another popular myth that a man dying in Harrumba is reborn as a donkey, if a Waheguru's devotee dies there, not only he finds salvation, but all his companions also find salvation.

People cannot connect to God by reciting Vedas and Shastras or by worldly knowledge or absence thereof.

So, Kabir (Ji) says that you only worship Him, oh ignorant people!